

'Dads to Be' Session

Facilitated by a Dad from the 'as 2 become 3' project and
a Midwife Antenatal Educator



When is the
moment I take her
to the hospital

Once the baby is
born, when can
we resume sex?

How do I manage
a new work/life
balance?

How can I help her
through the pain?

What about lack
of sleep?

What is the most helpful bit of advice that most men wish somebody had told them about having a child?

Sessions held on Monday

2016

25th January

21st March

23rd May

18th July

26th Sept.

28th November



Venue:

Kingston Hospital
5th Floor Education Centre
Kingston Surgical Wing
Kingston Hospital

7:00pm-8.30pm Registration at 6:45pm

To book a place, please contact: 07595-092-009

**COST £15 (NON-REFUNDABLE & PAYABLE ON
BOOKING)**